

THE SHARING LINE

UNITED METHODIST WOMEN
PACIFIC NORTHWEST CONFERENCE

VOLUME 31 NO. 2
WINTER 2017



LINKS TO WHOLENESS

“Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me!” Matthew 25:40

Happy new year! The whole new year is open to us to “link to wholeness”! Have you helped someone this year? Sometimes we help without even knowing it. Did you smile at the checker at the grocery store today? Sometimes just a simple smile will change the day of someone. Laugh for yourself. Nothing is more healthy and free than a good laugh!

Another way to “link to wholeness” this spring is to attend the Pacific Northwest Conference United Methodist Women Spiritual Retreat March 31-April at Lazy F. Spiritual Growth Coordinator Linda Kay has an awesome program planned for us with the “Lover of My Soul”. You will walk away from the weekend refreshed and renewed. Registration forms are available in the Fall 2016 Sharing Line or online at www.pnwumw.org.

Assembly 2018 is happening May 17-20 in Columbus, Ohio. Celebrate 150 Years of UMW. Columbus, Ohio is where UMW became a leader in the racial justice movement. Assembly 1942 was moved from St. Louis, Missouri across the river to Columbus, Ohio so that all women, black and white, were welcomed at hotels and other public accommodations. More information is coming. Put May 17-20, 2018 on your calendar.

At home, did your local unit complete the **2016 Census** at www.unitedmethodistwomen.org. The **Census** is online and is very easy to complete. Having problems? Please contact me, your district president or membership coordinator. We will all be glad to help you.

Trust in Our Awesome God. He will always lead us to “Links to Wholeness”. We just need to open our hearts and minds!

Marilyn Wudarcki, PNW UMW President
mwudarcki@gmail.com
208-290-0011 text/cell

THE SHARING LINE is the newsletter of the PNWC UMW published four times a year. Complimentary copies are sent to the following: PNWC leaders, local unit presidents, District officers, Conference officers, pastors and District Superintendents. This newsletter is available online at pnwumw.org. To receive email notification when new issues are published, send your email address to: Sharon Stovall, editor at sharinglineeditor@peoplepc.com

If you prefer to receive this newsletter by email, or you have a change of address, please notify the editor

In this Issue.....

President	Page 1	Legacy	Page 7
Social Action	Page 2	Quilts for Annual Conference	Page 8
Reading Program Books	Page 2	Bonnors Ferry “Box ‘Em Up”	Page 8
Mission u	Page 3	Spiritual Growth registration and flyer	
Assembly Goals	Page 4	Spiritual Growth	Page 9
Membership	Page 4	Vice President	Page 9
Nominations	Page 4		
Racial Justice	Page 5		
Days for Girls	Page 5		
Treasurer/E&I	Page 6		



The year 2017 is challenging and will require repeated social action to protect women and children, to support our priorities Economic Inequality (1st), Climate Justice and Criminalization of Communities of Color (2nd), and Maternal and Child Health (3rd.)

Communicate your concerns to members of Congress and state legislatures. For congressional contacts see www.house.gov and www.senate.gov, for the states see leg.wa.gov or legislature.idaho.gov. Telephone calls are more effective than e-mail. Calling a local office allows you to establish a personal relationship. You can also visit the local offices to create a connection. Identify yourself, your UMW involvement, and your request using specific examples.

When Congress convened, I called the offices of my two Senators and one Congressman. I said I opposed eliminating the Affordable Care Act without first providing a better program. I used my daughter and her family and my husband who had open heart surgery to illustrate the importance of this act. In Washington repealing ACA would deprive 750,000 people of health coverage.

Educate yourself about our UMW priorities using www.unitedmethodistwomen and umc-gbcs.org for national concerns. Contact fanwa.org for Washington events and information.

Make Social Action **your** priority.

Ja net' W. Crouse, Mission Coordinator for Social Action
crousejw@crouses.com 509-679-4087

Mission Resource Books available with emphasis on our 4 mission priorities

1. Economic Inequality:

- 2017 – Social Action
- “Wage Theft Comic’s”
- Crime & Justice #1
- “Class Lives” (Kindle)
- 2017 – Leadership Dev.
- “Global Girlfriends”
- “Pig Park” – Youth
- 2017 – Spiritual Growth
- “Living Into Hope”
- 2017- Nurture for Community
- “The Perfect Place” (Kindle)
- 2017 – Education for Mission
- “Live To Give” (Kindle)

- “America and its Guns”
- “The New Jim Crow”
- “Pre-Post Racial America” (Kindle)
- 2016 – “Just Mercy”
- 2017 – Education for Mission
- “Liberating Black Church History”

2. Mass Incarceration:

- 2017 – Social Action
- “Stand Your Ground” (Kindle)

3. Maternal and Child Health:

- “If Only Eve Knew” (Kindle)

4. Climate Justice:

- 2017 – Social Action
- “What We’re Fighting For Now is Each Other” (Kindle) BONUS
- “Snake Oil” – Fracking (Kindle)
- 2016 – “Rewilding Our Hearts”

Carlton/Okanogan Complex Fires of 2014-15

Donations and Volunteers are still needed! Even \$900.00 for a set of appliances or dollars towards one home would help. If you would like to spend a few days or week helping put up structures get ahold of Rhonda Cordill PNWAC UMWIM at 509-235-5466 or 509-993-6753 r_cordill@hotmail.com or the Laity of your District. Those that have participated in the “Immersion Trips” have been inspired in the support of rebuilding lives.

You can also contact Kathy Power volunteer coordinator 509-429-3133 kathy@reawareness.com, Use ADVANCE #352 for donations through your local Treasurer

Were you at Mission u last July? 66% completed evaluations. 66 churches were represented

What I will do as a result of attending Mission u?

57 people intended to promote a climate justice study at their church, Sunday School, youth group or UMW. Did you do this? There is still time, using Mission u materials; and as this is the repeat study for 2017 anyone interested in learning more is welcome to attend when Rev. Pat Watkins will be back in PNW. He is the Global Ministries Missionary for the Care of God's Creation.

Other comments on the classes led by Toni Stewart, Rev. Pat Watkins and Katherine Parker-

Pay more attention to how I can help with climate justice-12; no more plastic water bottles-2, educate people not to leave trash everywhere; bring more green to my home-7 and church-11, better recycling-4, encouraging solar panels in church-2 and home, LED lights-2; energy audit, cloth shopping bags with church logo maybe UMW make them, ban Styrofoam cups from church-3 and when we do rest stop; decide on climate justice project and encourage church to join-2. 33 attendees stated an intention to begin a Human sexuality class in their church.

Other evaluation comments on the Bible and Human Sexuality Sessions led by Rev. Jen Stuart & Rev Keith Hackett

-
Great information-21 Amazing-2; great-6; excellent-9; loved honesty mixed with humor-12;
big topic and difficult-15. Church avoids the subject-4; Best session was personal stories of abuse; blessings to those who shared-12

Have you achieved these goals yet? The New Year is a great time to plan.

MISSION U 2017

CENTRAL WASHINGTON UNIVERSITY, ELLENSBURG, WASHINGTON

A COOPERATIVE VENTURE OF PNWC UNITED METHODIST WOMEN AND THE PNWC BOARD OF GLOBAL MINISTRIES

ALL ARE WELCOME – MEN, WOMEN AND YOUNG PEOPLE TOO. SCHOLARSHIPS ARE AVAILABLE

All School Study: The Missionary Conferences

Bishop Mary Ann Swenson; former pastor of Orchards and Wenatchee 1st UMCs, Puget Sound District Superintendent and Bishop in the Denver area and California Pacific Annual Conferences.

Explore the past, present and future of the Alaska United Methodist Conference, Red Bird Missionary Conference and the Oklahoma Indian Missionary Conference.

And either –

A Covenantal Community

Rev. Neal Christie; Assistant General Secretary for Education & Leadership Formation, Board of Church & Society
Janjay Innis; Global Mission Fellow Coordinator, Atlanta.

Rev. Dr. Denise Honeycutt; Executive Director for Mission Innovation, Global Ministries, Atlanta.

Explore how covenantal living calls us to act and how understanding God's covenants transforms our lives.

Climate Justice: A Call to Hope and Action

Rev. Pat Watkins; UM Missionary for the Care of God's Creation.

Deepen your understanding of climate change and its impact on God's creation. This study highlights the dimensions of partnering in care for creation and how we can make a difference.

Youth Class – 12-17 years old: The Missionary Conferences

Rev. Christopher Gudger-Raines and Amanda Hutchinson

Explore how we engage in mission with the members of the three missionary conferences as we learn about their history as well as the issues facing them today.

Joan Hackett, Dean; revkeithjoan@hotmail.com

Amanda Hutchinson, Registrar; amhutchinson13@gmail.com

Register online now! Fulltime - \$300; Weekender - \$255; Commuter - \$200 (add \$20 after May 31)

<https://www.eventbrite.com/e/mission-u-2017-tickets-27244496021>



UNITED METHODIST WOMEN SAVE THE DATE FOR ASSEMBLY 2018

“The Power of Bold” will be the theme of the 19th quadrennial Assembly of United Methodist Women in Columbus, Ohio, May 18-20, 2018. This Assembly is particularly momentous in that it marks both the official celebration of the organization’s 150th anniversary and a return to the location of the first Assembly in 1942. Throughout the action-filled weekend, participants will revisit the journey of Mary, who boldly risked safety and security to answer yes to God’s call to service, and likewise affirm their own commitment to mission with women, children and youth as United Methodist Women in the 21st century.

When women unite, bold and courageous actions occur. In 1869, eight women came together to send a woman doctor and woman teacher to India and formed the Woman’s Foreign Missionary Society. One hundred and fifty years later, that society is the largest faith-based women’s mission organization in the world, changing lives for women, children, youth and families down the street and around the globe. United Methodist Women has, is and will be a unique movement for transformation in our church and our world.

“Our movement was launched by the bold action of women who saw a need and claimed their power as disciples of Jesus Christ to address it,” said Harriett J. Olson, chief executive officer of United Methodist Women. “They sent women leaders—Isabella Thoburn, an educator, and Dr. Clara Swain, a doctor—to India to serve women and children in 1869. This daring continued when leaders took a bold stand for racial justice and moved their first Assembly in 1942 to Columbus, where African-American women were welcomed at hotels and other public accommodations.”

Mark your calendars ASAP! Assembly is an opportunity for United Methodist Women from all over the world to gather together for spiritual growth, education of social injustices in the world, fellowship, and expanding our continued path for the future of our United Methodist Women's Mission Organization for women, children and youth.



Assembly Goals

Increase attendance by 30 percent, which allows us to engage more than 8,000 women in the missions of United Methodist Women

Registration Information

Assembly is a great value at the early registration fee of \$295, this includes healthy lunch options on Friday and Saturday Worship/plenaries infused with music and performing arts, quality workshops and riveting town hall meetings with important leaders, action opportunities and Experience Hall with educational immersion experiences

How Can You Save For Assembly?

Start January 1, 2017. Calculate the costs as broken out below for your location, and divide by 16 for a monthly savings amount. Now it doesn't seem so daunting. The unforgettable experience of Assembly will make it worth every dollar.

- \$295 Early Registration fee, from September 1, 2017 through November 30, 2017
- \$330 Regular Registration fee from December 1, 2017 to April 9, 2017
- Hotels range from \$139 to \$159 per night for up to four people (double/double room)
- Travel expenses
- Meals: Friday and Saturday – breakfast and dinner, Sunday – breakfast
- Contact Shannon Priddy, president (priddysh@gmail.com) or Sarah Brockus Director of Events Management (sbrockus@unitedmethodistwomen.org) with any questions

Membership, Nurture and Outreach

2016 Census: Now is the time for all units to go on-line at <http://www.unitedmethodistwomen.org/> and access the 2016 census to report your unit's membership for the year. There is a link for that purpose.

Who do you count as members? Count the women who have made a commitment to UMW by pledging, and/or by being involved in the UMW events, programs, and social action. Don't just count all the women in the church.

Also, there is another link on the web site for the MyUMW membership registration where you can register and print out your UMW membership card. Each United Methodist woman can register in this way.

If a woman does not have access to a computer, or is not computer savvy, then plan on having a meeting with computers available to help these women get registered. It is also a good way to become more familiar with all the information that is now available on-line.

Flexible Structures: I recently attended Leadership Development Days in Arizona and one of the classes I attended was on Flexible Structures, taught by Harriet Jane Olson. As church membership declines, and members of the UMW get older, they don't always have women to fill all the traditional offices. Some units are defining the roles based on the work that needs to be done, assigning one or more women to the role, and then defining the title of the position based on the tasks required. For example, Chair of Program Planning, or Chair of Finances, or Administrative team, etc. As time goes on and things change, we need to be flexible with our organization as well.

My wish for all is a Happy New Year in 2017.

Blessings,

Jan Franklin, PNW Membership, Nurture and Outreach coordinator

janetfranklin48@gmail.com

Nominations

We didn't receive a huge amount of emails from ladies volunteering to serve on various positions for our Pacific Northwest UMW Conference vacancies which will be coming available in the near future. Our first committee meeting will be on January 14th, so expect to hear from us after that date. (We know where you live.) We know we have many talented ladies in our Conference and you will make a good addition to our Team. We are a loving caring group of dedicated women fulfilling the Purpose of United Methodist Women.

Virginia Dyment, Nominations Chair

virginia27dyment@comcast.net

UMW RACIAL JUSTICE AWARD NOMINATION

The Committee on the Charter for Racial Justice of the PNW Conference UMW is seeking nominees for the annual Racial Justice Award to be presented at the PNW Conference Annual Meeting in October.

Criteria are as follows:

Exemplifies the implementation (We Will section) of the Charter for Racial Justice

www.unitedmethodistwomen.org/racialjusticecharter

May be an individual United Methodist Women member, a local unit, a district, or may be an individual or group from outside United Methodist Women

The activity may be a one-time event or on-going, but must have taken place within the last year.

Format for nomination:

Name, address, phone number, and/or e-mail of Nominee(s).

Name of Activity or Event.

One or two paragraphs summarizing the individual or group activity and how it relates to the Charter for Racial Justice.

Your name, address, phone number, and/or e-mail address.

Deadline to be returned to Marilyn Wudarcki or Ja net' Crouse by June 1, 2017

Nomination may either be mailed or e-mailed.

Selection of award recipient

Selection will be made by Racial Justice Committee at their summer meeting in July.

This is a great opportunity to recognize persons who fulfill our Purpose and our Mission Today Charter for Racial Justice component in a significant way.

Questions may be directed to Marilyn Wudarcki or Ja net' Crouse

Marilyn Wudarcki
2534 Carr Creek Road
Sandpoint, ID 83864-6339
mwudarcki@gmail.com
208-265-5968 or 208-290-0011 (c)

Ja net' Crouse
2124 Valley View Blvd.
East Wenatchee, WA 98802-4078
crousejw@crouses.com
509-884-8415

Days for Girls Project in Grangeville

Rose Mangini shares this from Debbie Ewing's facebook post about what is going on in India: Distributing more Days For Girls kits today, lots of smiles and happy ladies! Our oldest Rose Scholar is now a PRO at explaining the use of the kits and she is handling the instructions and she is so fun to watch... she's a natural public speaker and teacher and her demonstrations are fun to watch!

"Sounds like their visit there this month is being blessed much by our Lord. They are also delivering clean water systems to many. Hold them up in prayer for the rest of the month, please." Rose



THE PURPOSE

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the United Methodist Church.

Is there HOPE from the Pacific NW Conference UMW?

	Years in Review			
	2014	2015	2016	2017
Conference pledge to mission	102,000	103,000	103,000	100,186.90
Conference pledge sent to National	107,000	97,750	80,750	
Decrease /Increase	5,000	-5,250	-22,250	
Districts pledge to Conference	230,394	222,495	214,350	198,676
District pledge YTD	219,583	188,536	167,448	
Decrease	10,811	33,959	46,902	

From United Methodist Women living out their faith in Liberia to girls dreaming of college education in china; from women farmers feeding their families in Haiti to women and children receiving treatment for tuberculosis at a missionary hospital in the Philippines; from crisis intervention for migrant domestic workers in Hong Kong to unlocking financial opportunities for rural communities in Mozambique; your contribution to United Methodist Women impacts more lives than can be counted.

Each life touched by your gift is improved and, in turn, that woman or child is empowered to reach out in a positive way in the local community.

Our national mission agency here in the Pacific Northwest received grants from the National for 2016 and will receive the same for 2017: Atlantic Street Center- \$ 17,680 and Tacoma Community House - \$19,448

Is there hope in our conference to support this awesome organization- United Methodist Women? Yes, there is and we can. Yes, we can if we pray and think of a way, YOU personally can give more. Some suggestions are, give \$1 or \$2 more a week, and match the amount you spend on one meal a month at a restaurant, or purchase a Gift to Mission card each month for \$5 to send. I'm asking your help...all districts to make this happen for 2017 to give more to this awesome organization and to become the gift of love, action and faith.

Marilyn S. Reid, Conference Treasurer
Marilynsreid21@gmail.com 206-542-2484

EDUCATION AND INTERPRETATION

I hope you are looking ahead to 2017 with hope and anticipation. As you set up your goals for this year, be sure you are working closely with your district treasurers to ensure that donations are being allocated to each giving channel, especially Mission Magic. Efforts you make now to promote understanding about how funds are properly allocated will pay big dividends at the end of the year.

Let me share one more reminder about the UMW National Seminar in May 2017 in New York City. The topic "Gender and Wealth Inequality" is developed particularly to address the interests expressed by our regional area, customizing the experience for the interests and passions of the participants from the Pacific Northwest Conference. Contact AnnEachus at ann@eachus.org or (425) 481-8017 with your questions.

Looking ahead, the UMW National Assembly will be joining together in May 2018 in Columbus, Ohio. Plan to attend this life-changing gathering that will educate and empower each of us to make effective contributions to the priorities identified by United Methodist Women in areas of climate justice, the criminalization of communities of color and mass incarceration, economic inequality, and maternal and child health.

The United Methodist Women makes tangible opportunities for the membership to learn and become more committed advocates for those in need of care and assistance. Join with the organization nationally and internationally changing horizons for the benefit of everyone in the new year.

Jan Catrell, PNW Conference Coordinator for Education and Interpretation
jcatrell@yahoo.com



PASS ON THE LEGACY

3rd Annual UMW Day of Giving MARCH 23RD

We are having a BIG celebration at “Assembly” May 17-20 2018

Columbus, Ohio where it all started is a time for celebration and reflection! Gathering and telling the stories is one way to celebrate and “pass it on.” Every telling of a story is an invitation to some woman to join us in mission.

The Legacy Fund is a forward-thinking permanent endowment with income dedicated to strengthening United Methodist Women. This fund will provide for Grants, Scholarships, Mission and technology ensuring a regular support for our future, and future generations to connect directly with the needs of women, children and youth.

We have a great legacy, and every one of us is a part of extending that legacy to those who come after us. I can’t wait to see what we can do as a part of this celebration. BLESS YOU FOR ALL YOU DO.

SEND stories to: Marsha Aufenkamp PNW Legacy Chair

P O Box 1942 or m.aufenkamp@gmail.com
Omak, WA 98841

SEND dollars to: UMW Office of Treasurer

475 Riverside Dr.
New York, NY 10115

Or 800-278-7771 or Text Legacy150 to 41444

Or www.unitedmethodistwomen.org/legacyfund

Blessings, Marsha Legacy Fund PNW Chair

Representatives: Inland-Marilyn Wudarcki, Puget Sound- Lourdes Tifre & Noriko Lao, Seattle-Marilyn Reid, Seven Rivers- Marsha Aufenkamp, Tacoma-Jenni Yeoh, Vancouver-Gail Antijunti



PASS ON THE LEGACY

I’m a first generation UMW from a long standing Methodist family. Both my grandmother and mother worked out of the home. As passionate women for Social Justice, their voices were heard in a different venue.

My voice, advocating for the marginal, has been there as long as I can remember. Realizing the purpose of UMW, I had a defining moment!

UMW is my “Mission” family. Our world continues to get smaller through technology, yet geographically we’re miles apart. Now, more than ever, I see those in need, but through UMW I can help make a difference.

As I have said “Yes” to opportunities in UMW my world has expanded.

There is always room in our UMW Mission family. I want all women to know about this great organization and I’ll do my part to tell the story.

Estella Wallace-Ellensburg, National Director

steffjell@yahoo.com

**Quilts for Pacific Northwest/Oregon/Idaho
UMC Annual Conference**

Attention All Quilters,

Since 1989 the United Methodist Women in the Pacific Northwest have donated quilts to be displayed at Annual Conference. The quilts are then distributed to those in need at various agencies. There were 234 quilts donated and distributed in 2016. Special thanks to Goldendale UMC with a donation of 50 quilts, Puyallup UMC with a donation of 43 quilts and Fircrest UMC with a donation of 32 quilts.

Each quilt made and donated is a special gift of love and warmth when received by a child at risk in our Pacific Northwest Conference. Please keep those quilting needles busy so we can continue the tradition of bringing quilts to Annual Conference. Thank you all,

Janice Bronkema, Seattle District UMW President
cjbronkema@comcast.net

Bonnors Ferry UMW

Let's Box 'Em Up and Stack 'Em Up! Super Bowl LI is on February 5, 2017

In football, the phrase 'stack the box' is used when the defense puts its players in a rectangular formation to stop the offensive team's rush in its tracks. Traffickers run a game on the vulnerable and we aim to stack the box against them, to intercept their game and to box 'em up for prosecution.

Here are the members of Bonnors Ferry UMW with their boxes.



Our **FACEBOOK PAGE** promotes District, Conference and National Events

as well as keeps us aware of Social Issues and Action Alerts. FACEBOOK members who "like" the page may comment anytime. Help us utilize this Social Media tool in our mission work. Lethe MacGavran, our social media coordinator, maintains our FACEBOOK page and also our website at www.pnwumw.org

Spiritual Growth Retreat

All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us. For the more we suffer for Christ, the more God will shower us with His comfort through Christ. 2 Corinthians 1:3 NLT

It is said that while Charles Wesley was preaching in Ireland, he was attacked by a mob of men who did not approve of his doctrines and he was hiding from them he wrote the hymn, "Jesus, Lover of My Soul". At the upcoming spiritual retreat, we will explore all five verses of the hymn and it's meaning for us.

In the last "Sharing Line" article, I wrote of Christ as the mediator of a new covenant. One where God brings about an inner transformation by the spirit of Christ.

At the conference retreat, we will celebrate this transformation and we will experience a Covenant Renewal Service much like the ones that John Wesley wrote about in his journal. Wesley found the service rich and meaningful, as expressed in his Journal: Many mourned before God and many were comforted" (April 1756); "It was, as usual, a time of remarkable blessing" (October 1765); "It was an occasion for a variety of spiritual experiences...I do not know that ever we had a greater blessing. The Conference retreat will be held on March 31-April 2, 2017. Join us celebrate with the Covenant Renewal Service, inspirational bible study, crafts, free time to enjoy Lazy F and communion with our community of women. Registration and scholarship forms can be found on the website at www.pnwumw.org or you can email me direct at LmKey@charter.net and I will email them to you.

In Christ's Love,
Linda Key, Mission Coordinator for Spiritual Growth
[lmkey@charter.net](mailto:Lmkey@charter.net)

PNWC United Methodist Women Conference Annual Meeting

The meeting this year will be at Spokane Valley UMC, Spokane Valley WA on October 13-14. So please mark your calendars.

It is only January but your Conference Program Committee has been hard at work. We have begun to put together the program for the Annual Meeting. We are excited! We invited our new National UMW President, Shannon Priddy to be our guest speaker and she said yes.

The theme this year will be "The Gift of Love." The scripture is a paraphrase from I Corinthians 14:1. "May we give ourselves to the gifts God gives us...and let love be our greatest aim."

The workshops we offered last year were so well received that we decided to have four of the same ones, with a perspective of the "The Gift of Love." A. Climate Justice; B. Economic Justice; C. Economic Inequality;

D. Criminalization of people of color and E. Web Ministry (this will be offered twice, once during leadership classes and then again as a workshop.)

We are looking forward to seeing everyone there, please remember to invite and encourage those who have never been or have stopped coming. This is a time to celebrate being a United Methodist Woman.

Pam Serrano, Vice President
pssuccess7@gmail.com



THE PACIFIC NORTHWEST CONFERENCE
UNITED METHODIST WOMEN
PRESENT

"Lover of My Soul"

A Spiritual Retreat

MARCH 31-April 2, 2017

Lazy F Camp and Retreat Center

16170 Manastash Road

Ellensburg, WA 98926

Is your's the heart of a servant but lately you are just too busy, tired, stressed out, burned out, and in need of girl talk, frolic, relaxation, and spiritual uplifting? The leaders of the Conference UMW have been planning with you in mind. Have you been promising yourself that you will take more time to exercise, spend time with girlfriends, read scriptures, do crafts?

We will have available:

- * Yoga for the Beginner and young at heart
- * Insightful Bible Study
- * Silver Sneakers Exercise Class
- * Crafts
- * Nature Walk
- * Saturday Night Ice Cream Social

Registration is from 3:00 pm to 5:00 pm on Friday. We will close with communion on Sunday and have lunch before sending you off. Any questions, you may contact Linda Key at (509)830-1960 or lmkey@charter.net. More details will be sent with your confirmation letter after your registration form is received. Come, bring a friend, discover the "Lover of Your Soul" and how his love will inspire, guide, fulfill, and direct all the days of your life. All and more while enjoying the beautiful setting of the Manastash Forest at Lazy F, our very own Conference owned Camp and Retreat Center.

Send in your registration form and fee by February 24, 2017

Scholarships are also available. Sorry no refunds. If you find you can't make it after you send in your fee, it can be transferred to another woman.



2017 United Methodist Women Spiritual Retreat – “Lover of My Soul”

March 31- April 2, 2017

Lazy F Camp and Retreat Center, 16170 Manastash Road, Ellensburg, WA 98926

Registration Deadline February 24, 2017

Health History

Name _____ Church _____

Email _____

Mailing Address _____

City _____ State _____ Zip Code _____

Telephone (home) _____ Other (Cell) Phone _____

Family Doctor or Healthcare Facility _____ Phone _____

Address/City/State/Zip _____

Emergency Contact _____ Phone _____

Secondary Contact _____ Phone _____

If you are taking medications at this time and bringing them to the retreat, please attach a list of the medications.

If you have any special needs, dietary needs or restrictions which would affect your participation, please attach this information to the registration form.

In signing this form, I hereby certify that this information is correct and complete as far as I know. I hereby give permission to the Retreat Leadership to provide routine health care, administer prescribed medications, and seek emergency medical treatment to include ordering x-rays or routine tests. In case of a medical need, I understand that every effort will be made to contact the above named emergency contact person. In the event they cannot be reached, I hereby give permission to the physician selected by the Retreat Leadership to secure and administer treatment, including hospitalization. I agree to the release of any records necessary for insurance purposes. I authorize use of photos for future publicity.

Signature _____ Date _____

Registration

(Please check where appropriate)

_____ \$90 Skyline Cabin Upper Bunk (includes towel, bedding, and 6 meals)

_____ \$90 Skyline Cabin Lower Bunk (includes towel, bedding, and 6 meals)

_____ \$80 All other cabins Upper Bunk (6 meals, you will need to provide towels and sleeping bag)

_____ \$80 All other cabins Lower Bunk (6 meals, you will need to provide towels and sleeping bag)

Skyline assignments are on a first-come, first-serve basis.

Please list roommates _____

Make checks payable to: Pacific Northwest Conference UMW

Please send completed registration form and total cost of _____ to

Fran Houser-175901 W Hanks Rd, Grandview, WA 98926

Phone (509) 882-4239 Email: timandfran@centurylink.net